

Sailing Lessons Registration Form:

Participant Name _____
E-mail Address _____
Address _____
City/State/Zip _____
Home Phone _____
Work Phone _____
Course Name _____
Course Dates _____

For Online Registration
Please check our website:

www.stpaul.gov/parks

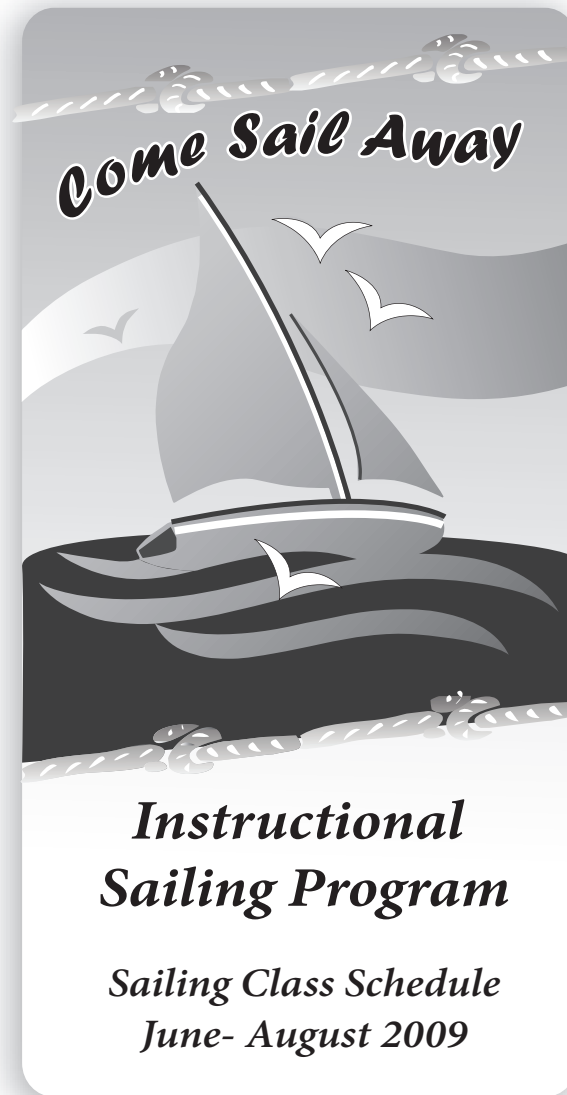
Birthdate _____
Charge to my: (please circle one)
Visa Mastercard Discover American Express
Credit card # _____
Name on card: _____
Expiration date _____
Make checks payable to *City of St. Paul*
Mail to:

Aquatics/Sail
50 West Kellogg Blvd – Ste 840



City of Saint Paul
Parks & Recreation
50 West Kellogg Blvd – Ste 840
Saint Paul, Minnesota 55102

Christopher B. Coleman, Mayor



City of Saint Paul
Parks and Recreation
50 West Kellogg Blvd.
Suite 840
Saint Paul, Minnesota 55102

For Sailing Registration, information and updates,
visit: www.stpaul.gov/parks

Come Sail Away

Come Sail Away is an exceptional and affordable City of Saint Paul course for those with an urge to get out on the water; for those who want to stay safe while having fun.

Sailing is a challenging sport. To help ensure the safety of everyone onboard, a good sailor must have a healthy respect for Mother Nature, always being aware of changing wind and weather. It's called seamanship; and it's a message that comes through loud and clear in *Come Sail Away*.

Classes are designed to provide students with the knowledge and skills necessary for safe and enjoyable recreational sailing. Classes are taught by certified instructors emphasizing on-the-water experience.

Sailing Course Topics Include:

- Rigging
- Useful knots in sailing
- Sailing Terminology
- Rules of the road for sailors
- Sailing rescues for students and others
- Sailing to all points of the wind



Class sizes are limited so register early.

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Basic Sailing

The cost of Basic Sailing includes all necessary equipment plus life jackets and text books.
Total course hours: 24. Age: 14 years old through adult. Location: Lake Phalen Saint Paul.

Class 1	June 1 – June 24th	Mon/Wed	5:30 PM – 8:30 PM
Class 2	June 2 – June 25th	Tu/Thurs	5:30 PM – 8:30 PM
Class 3	July 6 – July 29th	Mon/Wed	5:30 PM – 8:30 PM
Class 4	July 7 – July 30th	Tu/Thur	5:30 PM – 8:30 PM
Class 5	Aug 3 – Aug 26th	Mon/Wed	5:30 PM – 8:30 PM
Class 6	Aug 4 – Aug 27th	Tu/Thur	5:30 PM – 8:30 PM

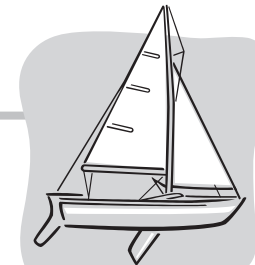


Class limit is 12 students. Cost: \$125 per person (8 classes)

Intermediate Sailing

Class 1	Aug 3 and Aug 4th	Mon/Tu	5:30 PM – 8:30 PM
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Class limit is 6 students. Cost: \$55 per person Location: Phalen Lakeside, Lake Phalen



Intro to Multihulls

Class 7	July 14 and July 16th	Tu/Thur	5:30 PM – 8:30 PM
Class 8	Aug 4th and Aug 6th	Tu/Thur	5:30 PM – 8:30 PM

*Class limit 2 students. Cost: \$80 per person
Location: Area lake; more information will be sent out to registered students.*



Phalen Lakeside Activities Center

1530 Phalen Drive
Saint Paul, Minnesota 55106
651-266-6406